



DIET TABLE.

FULL DIET.

BREAKFAST.

One pint of corn meal gruel.

DINNER.

Three fourths of a pound of meat.

One half pound of potatoes.

One pound of bread.

SUPPER.

One pint of corn meal gruel.

HALF DIET.

BREAKFAST.

One pint of corn meal gruel.

DINNER.

One half pound of meat.

Three fourths of a pound of bread.

One half pound of potatoes.

SUPPER.

One pint of corn meal gruel.

LOW DIET.

BREAKFAST.

Coffee.

DINNER.

One fourth of a pound of meat.

One half pound of bread.

Two ounces of rice.

SUPPER.

One pint of corn meal gruel.

SPOON DIET.

BREAKFAST.

Tea or coffee.

DINNER.

One half pound of bread made into pan-
ado.

SUPPER.

Tea or coffee.

DAILY ALLOWANCE TO EACH MAN.

FULL DIET.—Meat 12 ounces.—Bread 16
ounces.—Potatoes 8 ounces.—Corn meal
4 ounces.—Sugar 1 ounce.

HALF DIET.—Meat 8 ounces.—Bread 12
ounces.—Potatoes 8 ounces.—Corn meal
4 ounces.—Sugar 1 ounce.

LOW DIET.—Meat 4 ounces.—Bread 8 oun-
ces.—Rice 2 ounces.—Sugar 1 ounce.—
Coffee $\frac{1}{2}$ ounce.—Milk 2 ounces.

SPOON DIET.—Bread 8 ounces.—Tea 2
drams or Coffee 1 ounce.—Sugar $\frac{1}{4}$ ounce.—Milk 4 ounces.

The meat is to be boiled, so as to make one pint of good broth for each patient &c. three fourths of an ounce of barley or one ounce of rice is allowed to each patient for this purpose.

All other articles of diet are positively forbidden, unless specially prescribed, on the Diet book by the attending Surgeon and the Senior Medical Officer of each hospital will see to it, personally, that the Provision Returns, are made to correspond with THIS TABLE.

GENERAL HOSPITAL,

Mexico, 14 January 1848.

